



Banish cellulite and reshape your body with T-Shape technology

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Sara Darling tries out the T-Shape by Baldan treatment, a procedure that promises to get to grips with your unwanted cellulite.

Can you really get rid of cellulite? Give yourself an hour a fortnight and let a machine do the work for you to achieve soft as a baby, wrinkle free skin. Sounds too good to be true right?

However, technology has evolved, and now there is a miracle machine which targets fat cells, by sucking, kneading and prodding areas with fatty deposits making dimples disappear, with genuinely visible results.



Get yourself bikini ready with the T-Shape treatment

A three in one procedure, the T-Shape by Baldan process is quite straightforward, with a single handset to grip, probe and massage the toxins out of your system.

Using radiofrequency which heats on contact with skin, enables the therapist to target particular areas and get to pesky cellulite and on a deeper level and consequently produce more of the good stuff- collagen.

Low level laser concentrates on the deep fat cells which liquefy and reduce in size, and the vacuum helps to lift and tighten the skin, stimulating circulation and lymphatic drainage to expel them from your body.

The groundbreaking treatment is not exactly pain free, as your skin is actually being sucked and sculpted! But you start on a low frequency, and build up your tolerance, and after a couple of sessions on one area, you are a pro.

So if you are looking to remodel your body and regain your perky bum, the Baldan treatment is well worth a go. Coupled with a great diet (cut down on toxins and drink lots of water) this is the perfect way to get your skin smooth for the party season.

The non-invasive treatment works best at fortnightly intervals, and normally takes between 30-60 minutes. There is no downtime, and once you have got used to the sensation, the sensation on the back of the legs is quite relaxing!



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T-Shape treatments start from £450 or £2,400 for 8 sessions and a course of 8-10 is recommended for lasting results.

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